

Pet-to-Human Weight Equivalent Chart



Labrador Retriever - Female

Dog's Weight (lbs)	Equivalent Percentage Adult Overweight Female	Weight 5'4"	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Equivalent Adult Weight 5'9" Female Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
55	0%	108	0	18.5 125	0	18.5
70	0%	145	0	24.9 169	0	25.0
72	3%	149	4	25.6 174	5	25.7
74	6%	153	8	26.3 179	10	26.4
76	9%	157	12	27.0 183	14	27.1
78	11%	162	17	27.7 188	19	27.8
80	14%	166	21	28.4 193	24	28.5
82	17%	170	25	29.2 198	29	29.2
84	20%	174	29	29.9 203	34	29.9
86	23%	178	33	30.6 208	39	30.7
88	26%	182	37	31.3 212	43	31.4
90	29%	186	41	32.0 217	48	32.1
92	31%	191	46	32.7 222	53	32.8
94	34%	195	50	33.4 227	58	33.5
96	37%	199	54	34.1 232	63	34.2
98	40%	203	58	34.8 237	68	34.9
100	43%	207	62	35.6 241	72	35.6
105	50%	218	73	37.3 254	85	37.4
110	57%	228	83	39.1 266	97	39.2
115	64%	238	93	40.9 278	109	41.0
120	71%	249	104	42.7 290	121	42.8
130	86%	269	124	46.2 314	145	46.3
140	100%	290	145	49.8 338	169	49.9

Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.