

Pet-to-Human Weight Equivalent Chart



Cocker Spaniel

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
24	0%	108	0	18.5	125	0	18.5
28	0%	145	0	24.9	169	0	25.0
29	4%	150	5	25.8	175	6	25.8
30	7%	155	10	26.7	181	12	26.7
31	11%	161	16	27.6	187	18	27.6
32	14%	166	21	28.4	193	24	28.5
33	18%	171	26	29.3	199	30	29.4
34	21%	176	31	30.2	205	36	30.3
35	25%	181	36	31.1	211	42	31.2
36	29%	186	41	32.0	217	48	32.1
37	32%	192	47	32.9	223	54	33.0
38	36%	197	52	33.8	229	60	33.9
39	39%	202	57	34.7	235	66	34.8
40	43%	207	62	35.6	241	72	35.6
42	50%	218	73	37.3	254	85	37.4
44	57%	228	83	39.1	266	97	39.2
46	64%	238	93	40.9	278	96	41.0
51	82%	264	119	45.3	308	139	45.5
56	100%	290	145	49.8	338	169	49.9

Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.