

# Pet-to-Human Weight Equivalent Chart



## Pomeranian

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
4	0%	108	0	18.5	125	0	18.5
7	0%	145	0	24.9	169	0	25.0
8	14%	166	21	28.4	193	24	28.5
9	29%	186	41	32.0	217	48	32.1
10	43%	207	62	35.6	241	72	35.6
11	57%	228	83	39.1	266	97	39.2
12	71%	249	104	42.7	290	121	42.8
13	86%	269	124	46.2	314	145	46.3
14	100%	290	145	49.8	338	169	49.9
15	114%	311	166	53.3	362	193	53.5
16	129%	331	186	56.9	386	217	57.0
17	143%	352	207	60.4	410	241	60.6
18	157%	373	228	64.0	435	266	64.2
20	186%	414	269	71.1	483	314	71.3

*Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.*