

Pet-to-Human Weight Equivalent Chart



Pug

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
14	0%	108	0	18.5	125	0	18.5
18	0%	145	0	24.9	169	0	25.0
19	6%	153	8	26.3	178	9	26.3
20	11%	161	16	27.7	188	19	27.7
21	17%	169	24	29.0	197	28	29.1
22	22%	177	32	30.4	207	38	30.5
23	28%	185	40	31.8	216	47	31.9
24	33%	193	48	33.2	225	56	33.3
25	39%	201	56	34.6	235	66	34.7
26	44%	209	64	35.9	244	75	36.0
27	50%	218	73	37.3	254	85	37.4
28	56%	226	81	38.7	263	94	38.8
29	61%	234	89	40.1	272	103	40.2
31	72%	250	105	42.9	291	122	43.0
33	83%	266	121	45.6	310	141	45.7
35	94%	282	137	48.4	329	160	48.5
37	106%	298	153	51.2	347	158	51.3
42	133%	338	193	58.1	394	225	58.2
47	161%	379	234	65.0	441	272	65.2

Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.